

MODULE V: TOBACCO AND ALCOHOL USE

FACTS ABOUT...

3- ALCOHOL USE

- 3 out of 5 of Clallam County adults drank alcoholic beverages in the past month

59% ($\pm 4\%$) of adults 18 years and over drank alcoholic beverages at least once in the past 30 days.

- The percentage of adults drinking alcohol increases with income and education

33% ($\pm 11\%$) of adults with household incomes less than \$15,000 reported drinking at least one alcoholic beverage in the past 30 days; compared to 74% ($\pm 7\%$) with incomes of \$50,000 or more.

43% ($\pm 14\%$) of adults with a high school education reported drinking at least one alcoholic beverage in the past 30 days; compared to 66% ($\pm 6\%$) of college graduates. (Figure 3.1)

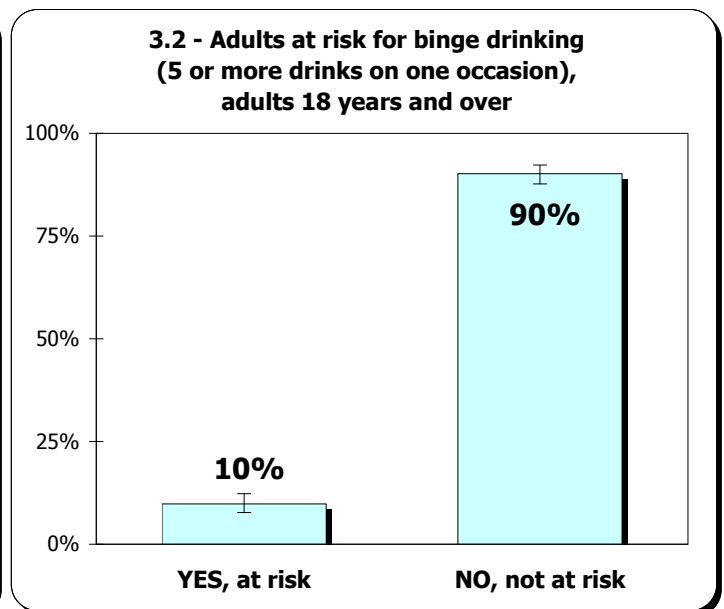
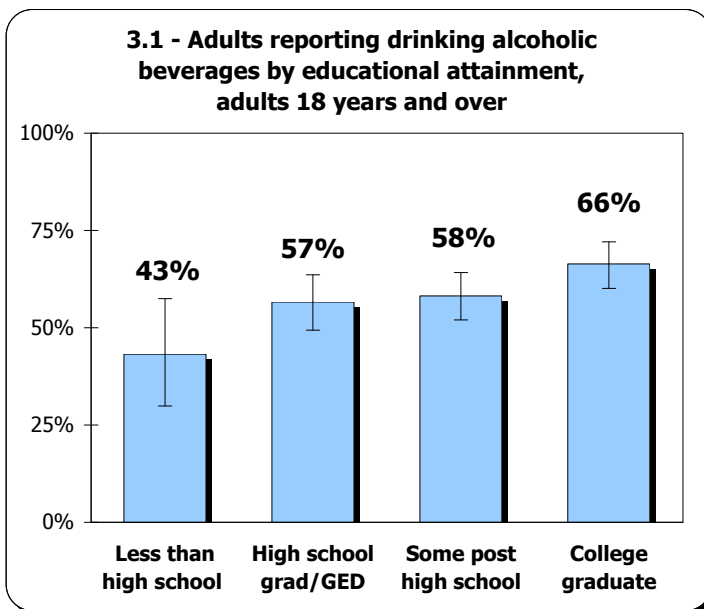
- Few Clallam County adults are at risk for heavy drinking

6% ($\pm 2\%$) of adults are at risk for heavy drinking. Heavy drinking is defined as men having an average of more than 2 drinks of alcohol per day and women having an average or more than one drink per day.

- 1 out of 10 adults reported binge drinking in the past month

10% ($\pm 2\%$) of adults 18 years and over reported binge drinking at least once in the past month, where binge is defined as having 5 or more drinks on any one occasion. (Figure 3.2)

Healthy People 2010 goal: reduce the percentage of adults who engaged in binge drinking during the past month to 6% or less.



Additional analyses available in **Data Tables: Tobacco and Alcohol Use, questions 15-20**