

MODULE V: TOBACCO AND ALCOHOL USE

FACTS ABOUT...

2- HEALTH ISSUES RELATED TO TOBACCO USE

- Smokers are more likely to rate their health unfavorably

24% ($\pm 7\%$) of adults 18 years and over who currently smoke cigarettes some days or everyday rate their general health as "fair or poor"; compared to 12% ($\pm 3\%$) of non-smokers who rate their health as "fair or poor". (Figure 2.1)

- Smokers are less likely to participate in leisure-time physical activity

29% ($\pm 8\%$) current cigarette smokers did not participate in any type of leisure-time physical activity or exercise; compared to 16% ($\pm 3\%$) of non-smokers who did not report leisure-time physical activity.

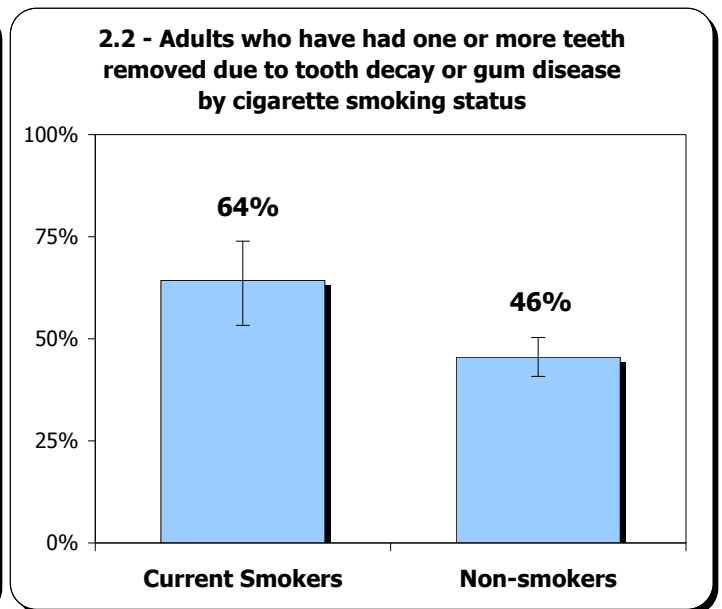
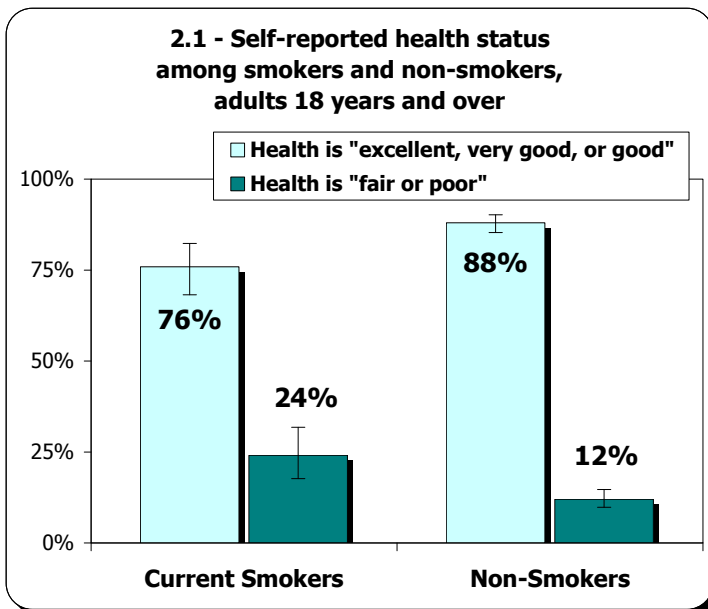
- Smokers are more likely to report symptoms related to depression

38% ($\pm 10\%$) of adults who currently smoke cigarettes report often being bothered by feeling down, depressed, or hopeless and/or having little interest or pleasure in doing things; compared to 19% ($\pm 4\%$) of non-smokers.

- Smokers are more likely to have dental problems than non-smokers

64% ($\pm 11\%$) of current cigarette smokers have had one or more teeth removed due to tooth decay or gum disease; compared to 46% ($\pm 5\%$) of non-smokers who have had teeth removed. (Figure 2.2)

54% ($\pm 12\%$) of current cigarette smokers had their teeth "cleaned" by a dentist or dental hygienist in the past year; compared to 72% ($\pm 4\%$) of non-smokers who had their teeth cleaned in the past year.



Additional analyses available in **Data Tables: Tobacco and Alcohol Use, questions 4-14**