

## MODULE V: TOBACCO AND ALCOHOL USE

# FACTS ABOUT..

## 1- TOBACCO USE

- 1 out of 5 adults in Clallam County smoke cigarettes

19% ( $\pm 3\%$ ) of adults 18 years and over are at risk for health problems related to cigarette use because they currently smoke cigarettes some days or everyday. (Figure 1.1)

**Healthy People 2010 goal: reduce the percentage of adults who smoke cigarettes to 12% or less.**

15% ( $\pm 3\%$ ) of adults 18 years and over currently smoke cigarettes every day, 4% ( $\pm 2\%$ ) of adults currently smoke cigarettes some days.

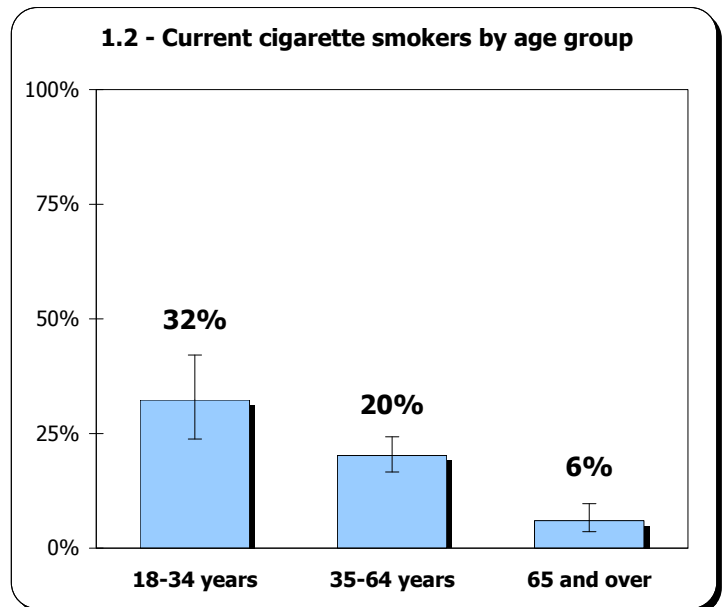
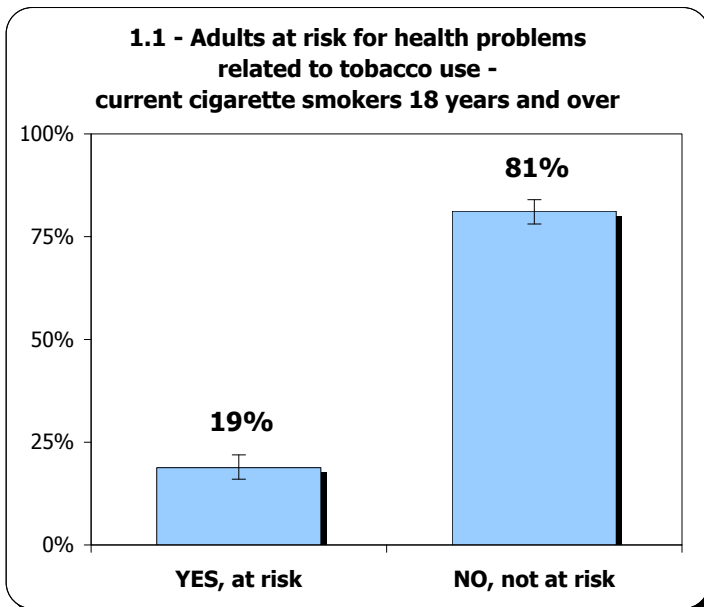
- Younger adults are more likely to smoke cigarettes than older adults

32% ( $\pm 9\%$ ) of 18-34 year olds currently smoke cigarettes; compared to 20% ( $\pm 4\%$ ) of 35-64 year olds and 6% ( $\pm 4\%$ ) of adults 65 years of age and over. (Figure 1.2)

- 1 out of 2 current cigarette smokers have tried to quit smoking in the past year

48% ( $\pm 9\%$ ) of current cigarette smokers have stopped smoking for one day or longer in the past 12 months because they were trying to quit smoking.

**Healthy People 2010 goal: increase smoking cessation attempts by adult smokers. Target is 75% of adult smokers stop smoking for 1 day or longer because they are trying to quit.**



Additional analyses available in **Data Tables: Tobacco and Alcohol Use, questions 1-3**