

## MODULE II: HEALTH SCREENING AND PREVENTIVE CARE

# FACTS ABOUT...

## 5- HYPERTENSION AND CHOLESTEROL AWARENESS

- 1 out of 3 Clallam County adults have been diagnosed with high blood pressure

*30% ( $\pm$  3%) of adults 18 years and over have been told by a health professional that they have high blood pressure. (Figure 5.1)*

- 3 out of 4 adults with hypertension are taking medicine for their high blood pressure

*74% ( $\pm$  6%) of adults 18 years and over with hypertension are taking medication for their high blood pressure.*

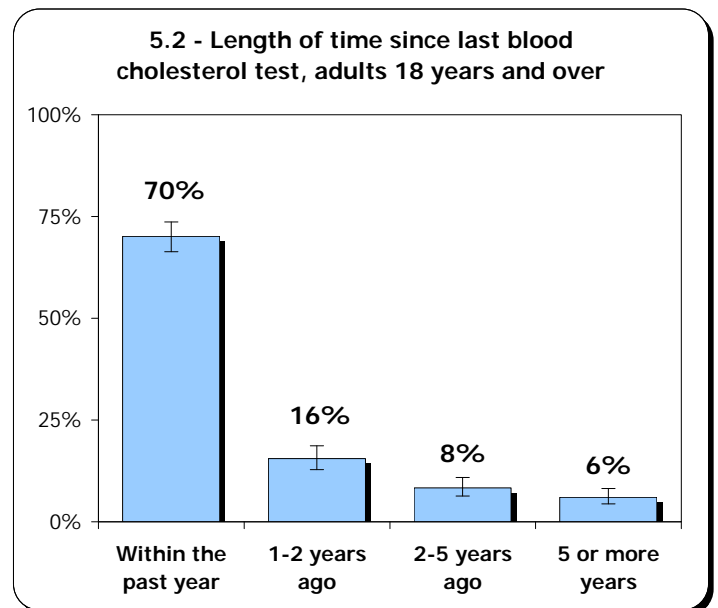
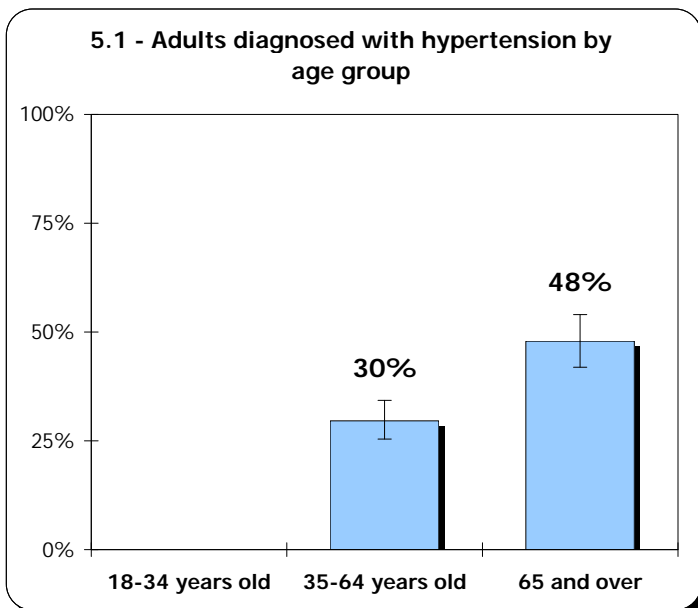
- Most adults have had their blood cholesterol checked in the past five years

*70% ( $\pm$  4%) of adults have had their blood cholesterol checked in the past 12 months, an additional 16% ( $\pm$  3%) had the test in the past two years (1-2 years ago), and 8% ( $\pm$  3%) in the past five years (2-5 years ago). (Figure 5.2)*

**Healthy People 2010 goal: Increase to 80% the proportion of adults who have had their blood cholesterol checked in the past five years.**

- 2 out of 5 adults have been diagnosed with high cholesterol

*40% ( $\pm$  4%) of adults 18 and over have been told by a health professional that they have high blood cholesterol levels.*



Additional analyses available in *Data Tables: Health Screening and Preventive Care, questions 21-25*